

### HOW TO USE THIS GUIDE

PASTRIES	This Product Contains														
	Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphur Dioxide	Mustard	Lupin	Crustaceans	Sesame seeds	Molluscs	
Almond Croissant	*	<b>P</b>	*	*											
Butter Croissant	*	*	*												
Cinnamon Swirl	*	*	*												



An \* in a box means that the product contains that allergen.  
 A 'P' in a box means that the product does not contain that allergen but has been made in a factory where the allergen is present.

**For pre-packaged food (e.g. panini & biscuits etc.), allergen information can be found on the product packaging.**

**NEVER GUESS - Always use this guide to help answer any customer queries.**

**The allergens that are featured in this guide are in accordance with the EU Food Information Regulations:**

- Cereals containing gluten: including Wheat, Rye, Barley, Oats
- Eggs
- Milk
- Tree nuts: including Almonds, Hazelnuts, Pistachios, Walnuts
- Peanuts
- Fish
- Soya
- Celery
- Sulphur dioxide and Sulphites
- Mustard
- Lupin
- Crustaceans e.g. Prawns
- Sesame Seeds
- Molluscs e.g. Mussels

*Please note: Although some of our products may contain gluten free oats, we list OATS as an allergen as they contain a protein called Avenin which some people are sensitive to.*

**WE TAKE CARE TO LIST ALL INGREDIENTS IN OUR FOOD AND DRINKS, HOWEVER WE CANNOT GUARANTEE A 100% ALLERGEN FREE ENVIRONMENT AS WE USE SHARED EQUIPMENT TO DISPLAY, PREPARE AND SERVE.**

## ALLERGEN GUIDE

NOVEMBER 2024

		This Product Contains													Suitable for...		
Product Name		Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Sesame	Molluscs	Vegetarian	Vegan
FESTIVE SWEET	NEW Cinnamon Portugese Tart	*	*	*	P	P		P		P				P		*	
	NEW Black Forest Roulade	*	*	*	P			*								*	
	NEW Christmas Caramel Crispy	*	P	*	P	P		*		P				P		*	
	NEW Christmas Fruit Loaf	*	P	*	*			*		*						*	
	NEW Christmas Rudolf Gingerbread	*	*	*	P			*								*	
	NEW Christmas Santa Gingerbread	*	*	*	P			*								*	
	NEW Christmas Tree Cupcake	*	*	*	P					*						*	
	NEW Mince Pies	*	P	P	P					*						*	*
		This Product Contains													Suitable for...		
Product Name		Gluten	Eggs	Milk	Nuts	Peanuts	Fish	Soya	Celery	Sulphites	Mustard	Lupin	Crustaceans	Sesame	Molluscs	Vegetarian	Vegan
FESTIVE SAVOURY	NEW Brie & Cranberry Panini	*	P	*				P		*	P					*	
	NEW Turkey Feast Focaccia	*	*	P				P		*	P						
	NEW Pigs on Blankets Bap	*	*	P						P	P						